



NURSING CARE AND SUPPORT OF THE HIV- INFECTED PATIENT

ADULT ARV TRAINING

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OBJECTIVES

- Enumerate the principles of nursing care of the HIV-infected patient.
- Discuss the nursing needs of persons living with HIV/AIDS.
- Identify/Review some Human Rights of PLWHA.



INTRODUCTION

- Nursing is the art of assisting individuals, sick or well to do those things that they would ordinarily have done on their own if they had the knowledge, strength or will to do so.
- Nursing care for people living with HIV is aimed at alleviating physical and psychological symptoms as well as maximizing the level of function of the affected person.



INTRODUCTION CONT,



- Nursing care aims at providing comfort for the sick.
- It Involves:
 - A systematic assessment of the needs of the individual
 - Provision of care to meet those needs
 - Follow up care and referral to other services



PRINCIPLES OF NURSING CARE

- Ensure appropriate, cost effective access to quality health care and support to enable persons PLWHA to retain their self-sufficiency and to maintain quality of life.
- Ensure respect for the basic human rights of PLWHAs



PRINCIPLES OF CARE CONT

- Take a multi-sectoral approach to care and support
- Address the reproductive health and family planning needs of PLWHA.
- Institute measures to ensure the economic sustainability of home care support
- Build and support linkages.



COUNSELING NEEDS

- VCT
(Pre) -Post TEST
- Following a confirmatory diagnosis.
- Spiritual care and support to enable the PLWHA to face life with confidence and with the assurance that God/Allah loves and accepts them unconditionally
- That being HIV+ is not a punishment

This need should be provided along with referral to the patients spiritual leader (if pt wishes).



COUNSELLING NEEDS CONT.

- Social support is paramount because all people need companionship and especially PLWHAs.
 - Refer and encourage them to belong to support groups.
 - Encourage the patient to see the need for and involvement of his/her family members in the provision of care.



COUNSELING NEEDS CONT



- Psychological support is required to help them to overcome the issue of stigma and discrimination/ possible suicidal tendencies.



PHYSICAL NEEDS

PLWHAs have physical needs that must be met in order to enhance both the quality and length of their lives. These should include:

- Clinical care for medication and regular check-ups are inevitable in order to recognise the onset of new symptoms and to ensure the commencement of immediate and appropriate management.



PHYSICAL NEEDS CONT,



- ART/Adherence counseling should be started and supervised if client is eligible for treatment
- If not on ARTs – Emphasize adherence with clinic appointments & Lab tests



PHYSICAL NEEDS CONT,

- Assist with clothing, housing, food and other welfare needs through networking with other CBOs/NGOs.
- Nutritional needs, should take care of the provision of an affordable and locally available balanced diet.



PHYSICAL NEEDS CONT,

- GENERAL NURSING NEEDS

- Toilet needs
- Observation of vital signs
- Wound care if any
- Personal hygiene
- General comfort & Pain Management
- If patient is non-ambulatory - prevent bedsores



PREVENTION OF TRANSMISSION

- Safer sex practices
- Appropriate use of medication
- PMTCT
- Encourage partner notification



RESPECT FOR HUMAN RIGHTS



- Nurses should advocate on behalf of vulnerable populations to ensure that their human rights are respected and not violated.
- All patients must be treated equally and without prejudice.
- The human rights principles must be observed including marital & reproductive rights



THANK YOU



GROUP WORK



GROUP 1 ___ Discuss the principles of Nursing care for PLWHA

GROUP 2 ___ Discuss the BASIC NEEDS of PLWHA.

GROUP 3 ___ Discuss the ROLE OF NURSES as ADVOCATES for PLWHA