

Role Play

Case 1

HIV+ female comes into clinic because she got tested for HIV during ANC visit and is HIV+. Never been ill. CD4 count is 450. She is in 2nd trimester of pregnancy.

How do you want to counsel and manage her?

To the person playing the HIV+ female:

- Husband does not know your HIV status, you are concerned what he will say
- He has stated a lot of negative things about people with HIV, that they deserve their infections because they are sex workers or adulterers
- You have another child who has not tested for HIV
- You can't imagine taking medicine for more than 2 weeks for any infection

Case 2.

HIV+ man has had repeat CD4 counts that fell, confirmed with another CD4 count. Has been on therapy for over 1 year. His initial CD4 count was 95, went up to 250, then went down to 230 then 195.

How do you want to counsel and manage him?

To the person playing the HIV+ male:

- You were feeling very ill, but after 6 months, you felt better. In fact, you still feel good.
- You stopped taking meds because your wife moved to Abuja with you; she had been in Bauchi.
- Got tired of taking meds anyway, and since you are strong enough to work now, you don't need them.
- You went for healing for your HIV, and your pastor told you that if you have faith that you actually got healed, you should not take your meds.